POWERFUL QUAKE STRIKES INDONESIA, PG4

Celebrity Buzz

Page cleans up to relax
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Bishop charged with importing child porn

RESIGNATION A former Roman Catholic bishop is facing child pornography charges after being arrested at the Ottawa Airport last month.

A bishop of the diocese of Antigonish, N.S., Raymond J. Lahey was arrested at the MacDonald-Cartier International Airport while attempting to re-enter Canada Sept. 15.

During an examination, officers with the Canada Border Services Agency found images on a laptop computer. The forensic examination of a computer and media later revealed child pornography.

On Sept. 25, the Ottawa Police Service Internet Child Exploitation Unit charged Lahey, 69, with possession of child pornography and importation of child pornography.

Lahey announced his resignation as bishop of the Antigonish diocese Saturday.

TRACEY TONG/METRO OTTAWA

News on the Move

What's this barcode for?
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Relating pg 6

Sex cops crash U.S. campus

On the web
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Sexy back Cancer auction

TRACEY TONG/METRO OTTAWA

Model Kadija shows off renowned Ottawa-based designer Richard Robinson's "Bringing Sexy Back" pink gown on Sussex Drive. The gown — which Robinson said can be worn by female survivors of breast cancer — will be auctioned off, with proceeds to go to the Canadian Breast Cancer Network. Story, page 2.

Q&A opens floor on Lansdowne

City manager grilled by full house of 450 plus

TIM WIECLAWSKI
tim.wieclawski@metronews.ca

After two nights of listening, residents had the opportunity to ask questions about the Lansdowne Partnership Plan after the city took a slightly different approach to the third public consultation yesterday.

It was standing room only inside Andrew Haydon Hall as hundreds of people lined up to grill city manager Kent Kirkpatrick for details, mostly focusing their questions on the financing of the project, why the design competition was cancelled, and how more retail would fit in the Glebe.

Despite moments of audible skepticism, the crowd of more than 450 was mostly appreciative for the opportunity to ask their questions, even applauding Kirkpatrick just for taking part.

In explaining the funding arrangement, Kirkpatrick elicited guffaws when he described it as a "closed financial system."

"That's garbage! What's a closed financial system?" shouted one woman.

Kirkpatrick took responsibility for suspending the design competition in order to deal with two unsolicited stadium bids, but he said city council had plenty of opportunity to restart it, and they chose not to.

This brought passionate reaction from Capital Ward Coun. Clive Doucet, one of the most vocal opponents of the plan, who chastised the city manager for acting beyond his powers.

"No councillor could write a letter to anybody saying I've just decided to suspend the competitions," said Doucet. "The mayor couldn't do it, but Mr. Kirkpatrick did, and I think that's an abrogation of the democratic process that serves us all."

The applause accompanying Doucet's comments, prompted Orleans Coun. Bob Monette to storm out of the room.

"All these speakers have done is attack the credibility of Kent Kirkpatrick, the city manager, the council and the city," said Monette before he left. "That is disgusting and I'm walking away from this meeting."

Retail space

- In terms of adding more retail space to the Glebe, city manager Kent Kirkpatrick admitted that was part of the plan that would need more detail.
- A study conducted for the Ottawa Sports and Entertainment Group concluded the area would pull in more shoppers, while another study by Glebe businesses found the plan would bring in more retail space than the area could support.

4 years for soldier who killed friend

A soldier who shot his close friend dead in Afghanistan during "horseplay" with firearms violated the trust of his colleagues, a military judge said yesterday before dismissing Matthew Wilcox from the military and sentencing him to four years in prison.

Cmdr. Peter Lamont said Wilcox's carelessness had a fatal result for Cpl. Kevin Megeney, who died on an operating table after his tentmate fired a bullet through his chest on March 6, 2007.

In explaining his decision, Lamont indicated the conduct of the offender was part of a pattern of negligence that began with his failure to unload his firearm after he finished his shift guarding the main gate at the Kandahar military base.

The 24-year-old former corporal from Glace Bay, N.S., was convicted in July of criminal negligence causing death and neglect of duty in the shooting death of his tentmate at Kandahar Airfield after a nine-week trial attended by relatives from both families.

After the judge ruled that Wilcox was to begin serving his sentence immediately, Karen Megeney, the victim's mother, made a statement on behalf of her family indicating they were satisfied with the decision.

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Local

Arrest in attempted abduction

Police have arrested and charged an Ottawa man after an attempted child abduction last month. On Sept. 3, a woman was waiting at a bus terminal at 1300 St Laurent Blvd. with her two children, when an unknown male walked away carrying her three-year-old daughter. The suspect was confronted by another male and immediately returned the child. Ntumba Dominique Kasonga, 40, appeared in Ottawa court yesterday. METRO OTTAWA

METRO INTERNATIONAL NEWSPAPER OF THE YEAR
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Crash nabs break-in suspects, police say

BRIDGE Ottawa police arrested three people after a vehicle collided with a with a bridge abutment on Roger Stevens Drive yesterday morning.

Police were en route to a break-and-enter on Fallowfield Drive when they spotted a vehicle that matched the description of one at the break-and-enter, said Const. J.P. Vincelette. "They followed the vehicle from a distance and for some unknown reason, the vehicle collided with the bridge," said Vincelette.

The car's occupants were seen fleeing after the crash. Police arrested one man at the scene, and two others with the help of the canine unit. TRACEY TONG/METRO OTTAWA

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'We're all affected by cancer': Phillips

TRACEY TONG
tracey.tong@metronews.ca

While over 10,000 people are expected to come out for Sunday's Run for the Cure, local celebrities are also showing support for a cause they said has touched them personally.

While renowned designer Richard Robinson yesterday unveiled a pink dress he designed for an auction to raise money for the Canadian Breast Cancer Network, Ottawa Senators defenceman Chris Phillips and wife Erin designed a bear for An Evening with Abigail, a fundraiser for the Ottawa Regional Cancer Foundation.

"We're all affected by cancer, in one form or another," said Phillips.

"We have lots of family and friends (who have been affected)," agreed Erin Phillips. "So when we were asked (by An Evening with Abigail founders Rochelle and David Greenberg) to take part, we were honoured."

TRACEY TONG/METRO OTTAWA

Ottawa Senators defenceman Chris Phillips and his wife, Erin, hold a bear they designed for An Evening with Abigail, a fundraiser for the Ottawa Regional Cancer Foundation on Oct. 7. Other "celebrity" bears to be auctioned off include ones by Yo-Yo Ma and designer Simon Chang.

The Phillips' bear, which wears a jersey and cap signed by Phillips, also comes with miniature hockey sticks signed by Phillips, Mike Fisher, Jason Spezza and Daniel Alfredsson as well as game tickets.

Robinson wanted to raise money for breast cancer after his mother-in-law lost her battle with the disease last year. The dress is the featured item for the CBCN's fourth annual online auction starting today.

The Greenbergs launched An Evening with Abigail in honour of a close friend who died from breast cancer in 1996.

"I've gone through breast cancer, so I know how difficult it is for a lot of women," said Rochelle Greenberg. "So many people are affected that we have to do what we can to raise awareness for the disease and money for research."

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CHEO makes Big Steps towards $25M goal

TIM WIECLAWSKI
tim.wieclawski@metronews.ca

The CHEO BIG STEPS fundraiser is taking some big strides in a hurry.

Launched in February, the Children's Hospital of Eastern Ontario campaign celebrated reaching the $10-million mark yesterday.

The goal of the campaign is to raise $25 million by the middle of 2011 to support lifesaving research and help purchase critically needed equipment for the children's hospital.

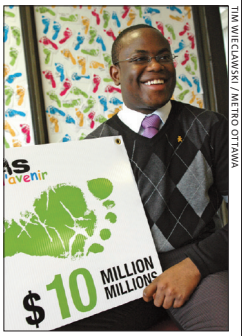
"From what we've done so far, I think that's absolutely doable," said 20-year-old Charles Ofori-Attah, chairman of the BIG STEPS Campaign Taskforce Team and former CHEO patient.

Now a third-year Carleton University student, he is in a rare position of being by far the youngest person leading a taskforce loaded with 13 highly experienced, successful community leaders.

Ofori-Attah was diagnosed with sickle cell anemia when he was six months old. While growing up, there were times he was at CHEO more often than at school or at home combined.

The blood exchange transfusion he currently receives to treat his disease was innovated at CHEO, he said. "If it wasn't for the aggressive research position that was taken by my doctors and everyone at CHEO, I really wouldn't be in this position today," said Ofori-Attah.

A portion of the funds raised through the BIG STEPS campaign will help advance research in the areas of pediatric cancer, childhood obesity and mental health.



TIM WIECLAWSKI / METRO OTTAWA

Charles Ofori-Attah, chairman of the BIG STEPS Campaign Taskforce Team, celebrates the campaign surpassing the $10-million mark.

News in brief

HOCKEY The Ottawa 67's announced that Urbandale, the company that won the Civic Centre Naming Rights Promotion, has decided to brand the building the Urbandale Centre. The brand will be visible on the Lansdowne marquis on Bank Street, an in-ice ad, all 67's print ads and all audio and video ads and programs referring to the team's new home. TIM WIECLAWSKI/METRO OTTAWA

FOOD The Ottawa Food Bank is holding its annual Thanksgiving Food Drive. Last month, more than 43,000 people, including 16,000 children, received assistance from the programs that the food bank supports. The drive continues through Oct. 11. METRO OTTAWA

Reward for missing girl extended

The reward for a missing Quebec girl who vanished under suspicious circumstances is being extended until the end of the year. Prominent Quebec lawyer Guy Bertrand says he'll continue fielding calls from anyone with information on Cedrika Provencher until Dec. 31. THE CANADIAN PRESS

Canada

Vaccine makers protected by feds

Canada will shield vaccine makers in case of lawsuits over the new swine-flu shot. The chief public health officer, Dr. David Butler-Jones, says drug companies will be protected if there are problems with the vaccine — as long as the problems are not caused by malpractice. That means the federal government — not the vaccine makers — would have to pay any damages awarded in court.

THE CANADIAN PRESS

Toronto **Monkey business**

CHRIS YOUNG/THE CANADIAN PRESS

A month-old baby gorilla is held by his mother Ngozi at the Toronto Zoo yesterday. The zoo is holding an online competition to name the baby western lowland gorilla.

Tories play favourites with federal cash: MP

New Democrat argues exclusion from information

Opposition MPs say the Harper government is playing political games with federal stimulus funding by keeping them out of the loop — and the limelight — in their own ridings.

New Democrat Linda Duncan and others say they may be getting their fair share of taxpayer-funded projects, but they repeatedly find themselves excluded from the flow of information and publicity.

"It's become a political slush fund," said Duncan, the lone opposition MP in Alberta, who reads the local paper to learn about which projects have won funding in her riding.

Duncan said the flow of money seems to be OK, a comment trumpeted this week by Transport Minister John Baird, facing criticism from the Liberals that the Conservatives are hogging too much of the stimulus money.

But she said Baird was too quick to assume that her comments were a tacit approval of a process that has become highly politicized.

"What he failed to mention is my displeasure with their failure, as a minimum courtesy, to inform me when approvals are given. (Meanwhile,) they are taking the Conservative candidate to all the media announcement events."

The Conservatives are gunning for her riding. She won it by a narrow margin last election.

Like other opposition MPs who barely beat their Tory opponents, she sees money coming her way, but she gets no credit for it."It seems to me that the only way you can find out about your riding is, you have to go across the floor," she said.

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No link between flu shots and cases, says PHAC

HEALTH The Public Health Agency of Canada says preliminary data show there is no link between being hospitalized with severe swine flu and having had a seasonal flu shot last year.

The agency took a look at the question in response to an unpublished Canadian study that appears to show that getting a flu shot last year doubled a person's risk of catching the new H1N1 virus.

The head of the agency, Dr. David Butler-Jones, says experts are still studying why the study suggests this link, but he cautions that the findings may not be real.

He says the public health agency is reviewing an independent assessment of the study that it commissioned.

Butler-Jones says the review will be shared with the researchers and with the provinces and territories over the coming days and may be made public next week.

Most Canadian jurisdictions have decided to delay or stagger delivery of seasonal shots this year, with many giving them in October to only the elderly, who appear to be at low risk of catching H1N1 flu.

THE CANADIAN PRESS

Young Canadians save less: Study

MONEY Young Canadians are saving less than their parents and grandparents did at the same age, with young men being the worst at sticking to a budget, according to the results of a new survey.

The TD Canada Trust study released yesterday suggests 80 per cent of Canadians found saving money "too hard" and that young people between the ages of 18 and 34 were more interested in saving for a house than for retirement. THE CANADIAN PRESS

Native women a target: Amnesty

FIRST NATIONS The federal government's effort to stop violence against native women represents "a shocking failure" to stem an epidemic of murder and disappearance, says Amnesty International.

Ottawa must get to the heart of why more than 520 native women have vanished or been killed over the last four decades, the human rights watchdog said in a new report, No More Stolen Sisters.

"The positive measures taken in a number of communities and jurisdictions across the country highlight the shocking failure of the federal government to ensure an effective national response," said secretary general Alex Neve.

"Words of concern have not been met with real action."

Amnesty's damning report is just the latest blunt call for Ottawa to step up.

The number of yearly vigils demanding action is soaring with 70 rallies planned in 68 cities, says the Native Women's Association of Canada.

THE CANADIAN PRESS

Death toll

The Native Women's Association released a report last spring on a database it compiled over the last five years as part of its Sisters in Spirit project. The numbers are startling:

- At least 520 aboriginal women, most of them under 30, have been killed or have vanished since 1970 across the country.
- Sixty-seven per cent of the total — 348 women — were murdered and almost one-quarter are still missing, many of them under the age of 18.
- No one had been charged in 150 confirmed homicides of those women.

Kazakhstan **Space bound**

MIKHAIL METZEL/THE ASSOCIATED PRESS

Canadian billionaire Guy Laliberte gestures prior to the launch of a Soyuz-FG rocket at the Russian-leased Baikonur Cosmodrome, Kazakhstan, yesterday. Laliberte is due to stay at the International Space Station for nine days, before returning to Earth on a Soyuz capsule on Oct. 11.

African authorities seize ivory

Authorities in Ethiopia and Kenya have seized more than 1,200 kilograms of bloodstained ivory from about 100 illegally killed elephants at airports, the head of Kenya's Wildlife Service said yesterday. THE ASSOCIATED PRESS

World

Hawking steps down at Cambridge

Physicist Stephen Hawking, left, stepped down yesterday as Lucasian Professor of Mathematics at Cambridge University after 30 years in the post. The roughly 350-year-old position has been held by such luminaries as Isaac Newton and Charles Babbage, one of the fathers of modern computing. It is customary for professors to retire from the post the year they turn 67. Hawking reached that age in January. THE ASSOCIATED PRESS

Massive quake kills at least 200 in Sumatra

Comes just a day after tsunami hits Samoa

A disaster management official says at least 200 people have been killed by the powerful earthquake that struck western Indonesia.

Priyadi Kardono, a spokesman for the National Disaster Management Agency, says the deaths were counted in the coastal Sumatran city of Padang, following yesterday's 7.6 magnitude quake.

A higher death toll is expected once officials tally casualties in other areas of West Sumatra province where communications and roads have been severed.

Kardono said yesterday that about 500 buildings collapsed in Padang — a sprawling regional capital of 900,000 people.

A huge aid operation was under way.

Buildings swayed hundreds of kilometres away in neighbouring Malaysia and Singapore.

The magnitude 7.6 quake hit at 5:15 p.m. local time, just off the coast of Padang, the U.S. Geological Survey reported. It occurred a day after a killer tsunami hit islands in the South Pacific and was along the same fault line that spawned the 2004 Asian tsunami that killed 230,000 people in 11 nations. THE ASSOCIATED PRESS

Second quake

- The U.S. Geological Survey says another powerful earthquake has shaken western Indonesia. The 6.9 magnitude struck at 8:52 a.m. local time this morning on Sumatra island, about 280 kilometres from the epicenter of yesterday's quake.

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Philippines **Storm kills hundreds**

BULLIT MARQUEZ/THE ASSOCIATED PRESS

Residents wade through floodwaters as they make their way to evacuation centres yesterday, in San Pedro, Philippines. One of the most destructive storms in years extended its deadly path across Southeast Asia. The death toll is at 362 and rising.

Top U.S. Court aims to nix handgun ban

LAW The U.S. Supreme Court says it will take up a challenge to Chicago's ban on handguns, opening the way for a ruling that could set off a vigorous new campaign to roll back state and local gun controls across the U.S. A ruling against the city's outright ban could lead to legal challenges to less-restrictive laws across the country that limit who can own guns, whether firearms must be registered. THE ASSOCIATED PRESS

News in brief

HEALTH Drug-related deaths outnumber those from motor vehicle accidents in a growing number of U.S. states, according to new government data that highlight a shift in the top cause of deaths after disease and illness.

CAPSIZE A boat carrying 75 tourists capsized on a reservoir in southern India yesterday, killing at least 28 people and leaving dozens missing, police said. Rescuers are looking for 27 other missing tourists. THE ASSOCIATED PRESS

On the web

Exclusive:

- Metro takes closer look at Amnesty International report on failure of Bosnian governments to guarantee rights of thousands of women and girls who were raped during the 1992-1995 war. Go to metronews.ca/world.

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Canadian women get restraining order against U.S. policeman
An ex- member of a New York state police anti-terrorism unit has been ordered to stay away from two women he was accused of harassing. THE ASSOCIATED PRESS

Rules of adoption

International adoption agencies operating in Ontario will now have to provide a clear picture of their financial status to have their annual licences renewed.

The province announced today that agencies will have to submit an audited financial statement, an annual report that's made public and a report from the board of directors outlining agency operations and activities.

International

- Since 2000, an estimated 6,900 Ontario families have had home studies for international adoption approved by the ministry.

In a release, Minister of Children and Youth Services Deb Matthews says the steps will help ensure families seeking to adopt internationally are better informed and protected.

The changes follow the bankruptcy of a Cambridge, Ont., adoption agency that left more than 400 clients in limbo.

THE CANADIAN PRESS

China **Salute!**

THE ASSOCIATED PRESS

Chinese People's Liberation Army air force pilots salute during a training session for China's 60th anniversary military parade at a military base in Beijing, China.

Former U.S. sex offender now a Christian minister

CHURCH Almost a decade ago, Mark Hourigan was convicted of sexually abusing an 11-year-old boy in central Kentucky.

Hourigan served a five-year sentence and was placed on Kentucky's sex offender registry for the rest of his life. Hourigan, 44, is now a part of a church in Louisville, which has led to much criticism. Some experts believe it could be the first time a convicted sex offender has been knowingly ordained as a minister in a Christian church. THE ASSOCIATED PRESS

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Comment

Beware the campus sex police

Relating

On the web

- For more views on relating, go to Love Bytes at metronews.ca/blogs

You can't legislate good manners, consideration or discretion, but the futile attempts never end.

Among the latest is a directive to students in residence at Tufts University in Michigan: "You may not engage in sexual activity while your roommate is present in the room. Any sexual activity within your assigned room should not ever deprive your roommate(s) of privacy, study, or sleep time."

Granted, subjecting your roommate to such sights and sounds is the height of bad form, but is it really necessary to alert the authorities?

The new policy replaces sensible solutions like "sexile," in which one asks one's roommate to amscray in order that boot-knocking may proceed in peace, or the time-honoured "Do Not Disturb" tie on the doorknob.

That is what civilized roommates do for one another. They learn to live together and it can be a part of their education. Or you can make more rules and push students around, as Tufts has decided in its transformation into Nanny State U.

This regulation discriminates against the lucky and gives one's roommate an unconscionable degree of control over one's sex life. It's unenforceable, absurd, and, as one commentator on the New York Times website asked, "What if you want to have sex with your roommate?"

What if the coast is clear, and you begin your lawfully constituted activities, only to have *Buzzkillus interruptus* come home mid-shag. Are you required to stop or is the roomie obligated to leave?

More worrying perhaps is the university's warning: "If residents fail to comply with the above stated policy and expectations, their actions will be properly documented and subject to residential judicial consequences."

How does one "properly document" such actions? Will a simple written description of observed activities suffice, or should the roommate get photographic or video evidence? And who's the pervert now?

Why the university felt it necessary to single out sex also puzzles. Will further rules be drafted to make sure students are eating balanced meals, doing their homework and calling their moms weekly? They are after all, adults, and should be left to do their adult thing, as often as the opportunity arises.

Tufts claims the new rules were brought in after a "significant number" of complaints about randy roommates. How many? About 12, it turns out. Tufts has about 8,500 students, and the dirty dozen have now brought collective punishment on them all.

Can't we all just get along *and* laid?

Steve Collins offers his best guesses on relationships for Metro every two weeks.

Views

Polanski and polygamy: What the news tells us

FourthWave

What an instructive week in the news — two things are clear from reading the papers: If you're a Hollywood célébre who raped a child 30 years ago, all is forgiven; and if you wed 25 women and say your religion commands it, no lawyer or judge in Canada will touch you.

As Hollywoodites rush to defend director Roman Polanski, who is facing extradition to the U.S. over a 1977 rape of a 13-year-old girl, some egregious examples of how our society views rape have come to the surface. Polanski's sister-in-law Debra Tate called it a "consensual matter," while Tom O'Neill — who has much to gain from the debacle as senior editor of In Touch Weekly — said, "It's mind-boggling why they're still pursuing this."

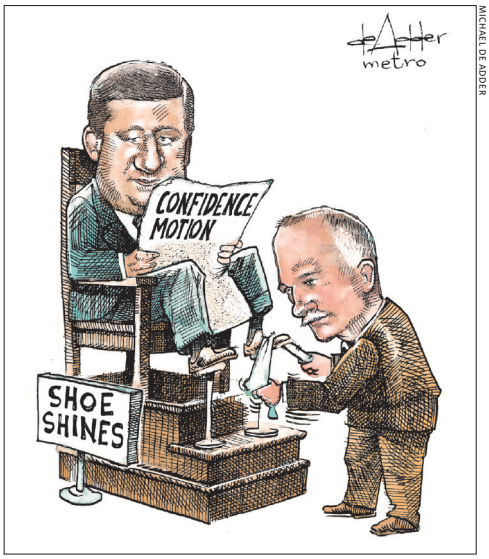
Oh, those dogged lawyers. Never mind that celebrities seem to be treated with a separate law book, or that Polanski pleaded guilty in the first place.

Closer to home, B.C. courts threw out polygamy charges against fundamentalist Mormon leaders Winston Blackmore and James Oler on grounds that former B.C. attorney general Wally Oppal had no jurisdiction to "shop around" for a prosecutor willing to take on the case.

From women who have left these "plural" marriages, we've learned about child brides married to men three times their age, women denied education and careers and threatened with death for wanting out. In short, women in polygamist communities are denied the freedom, equality and choice that ordinary women are afforded, which is why they must be protected.

This is how a misogynistic culture is fostered — when it's condoned by society and squeezed through legal loopholes. No amount of brilliance exonerates a man for raping a child, nor can religion or faulty justice morally excuse men for taking advantage of vulnerable women.

Canice Leung is a former editor of Ryerson University feminist magazine McClung's, copy editor at Metro, ardent feminist and loudmouth.



MICHAEL DE ADDER

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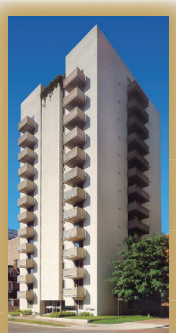

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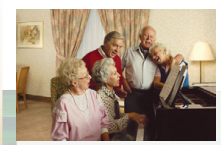

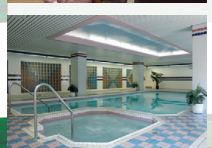

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Payroll employment up in July: StatsCan
Total non-farm payroll employment rose by 74,300 in July, up 0.5 per cent from June, Statistics Canada reports. THE CANADIAN PRESS

Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Economy stalls in July

The Canadian economic recovery ran into a wall in July, stunning expectations and creating new doubts about just how long it will take for production and jobs to re-bound to pre-recession levels.

Following a 0.1 per cent increase in economic growth in June that signalled the end of the recession, economists had been expecting a strong rebound in July of anywhere from 0.5 to 0.7 per cent.

And many of the early indicators were pointing in that direction, particularly the outsized 5.5 per cent pop in manufacturing sales the agency has previously reported.

Instead, the economy delivered a goose egg — zero growth.

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"Okay, this is a shocker. We're not talking about a shot across the bow of the optimists, this is more like a torpedo through the hull," said economist Douglas Porter of BMO Capital Markets.

And it will send economists and policy-makers scurrying back to the drawing board, Porter added, trying to figure out not only what went wrong with their computer projections, but also what the economy will do going forward.

One scenario now clearly in play is that Canada will undergo a period of very slow growth, what analysts refer to as an L-shaped recovery.

"The figures provide a sobering reminder that the technical end of a recession may not imply a rapid recovery," said labour economist Erin Weir of the United Steelworkers union, and that is bad news for workers.

"Whatever path output takes, the labour market will be even slower to recover," because businesses will resort to ramping up work hours of existing employees and taking advantage of productivity gains before resorting to rehiring.

THE CANADIAN PRESS

Russia **Getting ready for unpredictable markets**

IVAN SEKRETAREV/THE ASSOCIATED PRESS

Students of the Skolkovo School of Management are seen in the Baltschug Kempinski hotel across from the Kremlin, where the school is temporarily based. A handful of top Russian business figures have created an MBA program that tackles the issues they faced themselves — bribery, relentless bureaucracy, imperfect laws. Supporters of the school say it will fill an important niche by getting students ready for the unpredictable, sometimes corrupt world of emerging market economies.

Feds delay credit card reform

The federal government is delaying the start date for a key element of credit card reform meant to increase transparency for card users.

The Finance Department has published new rules that come into effect in the new year, but says it won't implement a mandatory 21-day interest-free grace period until next September.

The announcement posted on the department website says starting Jan. 1, credit card issuers must provide a "summary box" on application forms detailing interest rates and fees.

As well, banks must inform clients how long it will take to repay their balance if they only make minimum monthly payments and require approval before increasing the credit limit on a card.

THE CANADIAN PRESS

In brief

POWER PLANT TransCanada Corp. has won a contract to build a $1.2-billion natural gas-fired power plant west of Toronto, as the Calgary-based company continues to add to its presence in Ontario's power market. The Ontario Power Authority awarded TransCanada a 20-year contract to build, own and operate the 900-megawatt plant in Oakville, Ont., set to start producing power by the end of 2013. THE CANADIAN PRESS

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Rio bid team cry foul

The Rio 2016 Olympics bid team has formally complained to the International Olympic Committee after a report that an official from the rival Madrid bid criticized the Brazilian city. Spanish Olympic Committee vice-president Jose Maria Odriozola reportedly called Rio "the worst bid" of the four candidates. THE ASSOCIATED PRESS

Sports

Ward gets $37.8M deal

The Carolina Hurricanes have locked up goaltender Cam Ward for six more years. The Hurricanes signed Ward to a $37.8-million US contract yesterday. The deal begins next season and runs through 2015-16. The new deal will pay the fifth-year goalie an average of $6.3 million per year. He will earn $3.5 million this season under the terms of his current three-year deal signed in 2007, which expires after this season. THE ASSOCIATED PRESS

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

Bids shot down

Ruling may end Balsillie's hunt for Coyotes

Jim Balsillie might finally be giving up on his dream to own an NHL team.

The Canadian billionaire's dogged pursuit of the Phoenix Coyotes appeared to end yesterday with a ruling in U.S. bankruptcy court.

Even though Judge Redfield T. Baum rejected bids from both the BlackBerry boss and the NHL, he suggested the league's offer could still be amended and essentially closed the door on Balsillie.

That brought an end to a five-month process that saw the Canadian billionaire spend an untold amount of money on legal fees and an aggressive public relations campaign. He launched a website, took out advertising and even brought on sponsors in support of his bid to move the Coyotes north from the desert.

None of it was enough to sway the court.

"All I wanted was a fair chance to bring a seventh NHL team to Canada ... (and) I believe I got that chance," Balsillie said in a statement. "I respect the court's decision, and I will not be putting forward an appeal."

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Yesterday's court ruling does not close the book on the Coyotes' ownership limbo.

But in the end, the NHL got what it wanted all along — the ability to control the sale process for the money-losing franchise. And the ruling will probably set the scene for the league to fix its bid and then find a new ownership group to keep the franchise in Phoenix — at least for the time being.

Baum's primary concern with the league's current $140-million US bid is that it attempts to pick which unsecured creditors will be paid in full, excluding former owner Jerry Moyes and former coach Wayne Gretzky from drawing their total claims. THE CANADIAN PRESS

Sundin skates off into sunset

NHL Former Toronto Maple Leafs captain Mats Sundin is retiring from hockey after nearly two decades in the NHL.

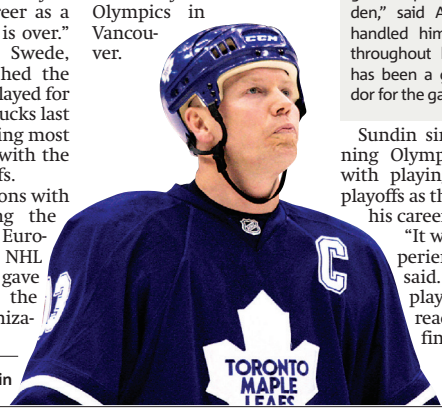
"It was a tough decision," Sundin told reporters yesterday at a news conference at Stockholm's Grand Hotel. "It's sad to tell you today that my career as a pro hockey player is over."

The 38-year-old Swede, who said he reached the decision this fall, played for the Vancouver Canucks last season after spending most of his NHL career with the Toronto Maple Leafs.

He spent 13 seasons with Toronto, becoming the longest-serving European captain in NHL history, and he gave special thanks to the Maple Leafs organization.

"Toronto is and will always be my second home," Sundin said.

One of Sweden's key players in the 2006 Turin Olympics, where Sweden beat Finland in the final, he recently ruled out playing for his home country in next year's Winter Olympics in Vancouver.



Mats Sundin

Sundin singled out winning Olympic gold along with playing in the NHL playoffs as the highlights of his career.

"It was a special experience," Sundin said. "The NHL? All playoff games and reaching the semi-finals twice." THE CANADIAN PRESS

'Good reputation'

- Ottawa Senators captain Daniel Alfredsson said Sundin was always professional, even during adversity. "He's had a tremendous career ... and helped build a good reputation for Sweden," said Alfredsson. "He handled himself very well throughout his career and has been a good ambassador for the game."

VOLUNTEERS NEEDED FOR DEPRESSION RESEARCH

Psychiatrists at the Ottawa Psychopharmacology Clinic are currently conducting a research study of a medication for depression. The purpose of the study is to further our knowledge about the possible treatment of depression. Treatment duration is initially 8 weeks with possible continuation of up to 46 weeks in total. Included are a physical exam, blood tests and a psychiatric interview. All information provided will be treated in strictest confidence. To volunteer, you must be 18-70 of age, not currently in psychiatric treatment (unless you are being referred by your treating doctor), have no significant drug or alcohol problems and be in generally good physical health.

	YES	NO
I am feeling sad and depressed.	■	■
I am having difficulty sleeping.	■	■
I am feeling low in energy and slowed down.	■	■
My appetite has changed.	■	■
I am experiencing feelings of guilt.	■	■
I have lost interest in work and pleasurable activities.	■	■
I feel hopeless about the future.	■	■
I feel tense and anxious.	■	■
I am having difficulty making decisions.	■	■
I am having trouble concentrating.	■	■

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5 Novembre – Monument pour les droits de la personne – 12H
À BAS LES FRAIS POUR UN ONTARIO SANS PAUVRETÉ

Des collèges et universités inabordables
Des infrastructures de soins de santé qui se dégradent
Des transports en commun trop chers
Du logement et des services de garderie publics inadéquats
Environ 1,3 million de personnes en Ontario vivent dans la pauvreté; il est temps de baisser les frais de scolarité et d'investir dans un Ontario sans pauvreté.

CFS FCE Canadian Federation of Students / Fédération canadienne des étudiant(e)s

Cavaliers' West skips practice again

Cavaliers guard Delonte West skipped practice for the second straight day yesterday while he deals with personal issues. The team confirmed the absence as unexcused. West attended Monday's media day, but has disappeared since and missed the first three practice sessions. METRO NEWS SERVICES

'National' basketball

New additions boost Raptors' multicultural makeup

When the Toronto Raptors introduced their players at the team's annual media day this week, team officials also handed out a pronunciation guide.

With the addition of Hedo Turkoglu and Marco Belinelli, the Raptors have five European players on the roster. It's a basketball-without-borders mix of nationalities that both reflects the global growth of the game, and mirrors the multicultural makeup of Toronto.

The Raptors traded for Turkoglu, a native of Istanbul, and Belinelli, a shooting guard from Bologna, Italy, in the off-season. Big Slovenian Rasho Nesterovic also returned to the team as a free agent. The trio joined Spanish point guard Jose Calderon and Italian forward Andrea Bargnani on a team that has fashioned itself with a distinct international flavour since Bryan Colangelo was hired as the team's general manager in 2006.

The club was first dubbed the "Euro-Raptors" back in 2006 when Colangelo began a massive off-season overhaul, adding Calderon, Bargnani (the first European ever taken No. 1 in the NBA draft), Spain's Jorge Garbajosa, Nesterovic and fellow Slovenian Uros Slokar.

THE CANADIAN PRESS

SEAN KILPATRICK/THE CANADIAN PRESS

One of Toronto's new additions, Hedo Turkoglu, of Turkey, takes a pass during Day 2 of training camp in Ottawa yesterday.

Across the NBA

- There's expected to be about 75 international players from just over 30 countries on NBA rosters when the league tips off on Oct. 28.

Canadian athletes told to beware of swine flu at Olympics

VANCOUVER 2010 Games

H1N1 Canada's Olympic victory celebrations at the 2010 Games could be colder than winter itself if athletes pay heed to suggestions to skip the hive-fives and handshakes.

Medical officials are recommending athletes find new ways to celebrate in order to prevent spread of the Influenza A (H1N1) virus, also known as swine flu.

"What we've just said to the athletes is think about it, think about the fact that if you get sick at the Games or leading up to the Games, it can undo years and years of hard work," said Dr. Bob McCormack, chief medical officer for the Canadian Olympic Committee.

The message comes as public health officials warn of a potential second wave of the H1N1 virus that could arrive as the weather gets more frigid.

THE CANADIAN PRESS

Sports in brief

BASKETBALL The NBA is instituting a policy regarding Twitter and other social media sites, banning players from using them during games.

THE ASSOCIATED PRESS

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vancouver 2010 CHEVROLET OFFICIAL VEHICLE

Rangers add Semenov

Free agent defenceman Alexei Semenov has agreed to terms with the New York Rangers. Semenov and the Rangers reached a deal yesterday, just two days before they open the NHL regular season at Stanley Cup champion Pittsburgh. The 28-year-old had a goal and eight points in 47 games last season with San Jose. THE ASSOCIATED PRESS

NHL Preview

Odds-on faves

According to the Associated Press, the Pittsburgh Penguins, at odds of 5-1, are favoured to repeat as Stanley Cup champions. The Atlanta Thrashers and New York Islanders are tied at 125-1 for the worst odds. METRO NEWS SERVICES

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

Montreal Canadiens

LAST SEASON 41-30-11, 93 points (eighth in East, lost in first round of playoffs).
KEY ADDITIONS F Scott Gomez, F Mike Cammalleri, F Brian Gionta, D Jaroslav Spacek.
SIGNIFICANT LOSSES F Saku Koivu, F Alexei Kovalev, F Alex Tanguay, F Robert Lang, D Mathieu Schneider.
STARS D Andrei Markov, G Carey Price.
THE BUZZ Fairly or unfairly, Price is under the microscope, while the personnel in front of him has undergone more changes than any team in the NHL. The production of Gomez, Cammalleri and Gionta will be key.

Toronto Maple Leafs

LAST SEASON 34-35-13, 81 points (12th in East, missed playoffs).
KEY ADDITIONS F Phil Kessel, D Mike Komisarek, D Francois Beauchemin.
SIGNIFICANT LOSSES D Pavel Kubina.
STARS F Jason Blake, D Luke Schenn, G Vesa Toskala.
THE BUZZ This is a tougher, much stronger defensive team than last year's, and Kessel gives them much-needed scoring punch. The Maple Leafs look poised to improve on last season and — if nothing else — won't be easy to play against.

Calgary Flames

LAST SEASON 46-30-6, 98 points (fifth in East, lost in first round).
KEY ADDITIONS D Jay Bouwmeester.
SIGNIFICANT LOSSES F Mike Cammalleri, F Todd Bertuzzi, D Adrian Aucoin.
STARS G Miikka Kiprusoff, D Dion Phaneuf, D Robyn Regehr, F Jarome Iginla, F Olli Jokinen.
THE BUZZ Cammalleri's departure takes a bite out of the Flames' average offensive depth, but Bouwmeester strengthens an already deep blue-line corps. That, combined with Kiprusoff, should make the Flames stingier defensively.

Edmonton Oilers

LAST SEASON 38-35-9, 85 points (11th in East, missed playoffs).
KEY ADDITIONS G Nikolai Khabibulin, F Mike Comrie.
SIGNIFICANT LOSSES G Dwayne Roloson, F Ales Kotalik, F Kyle Brodziak.
STARS F Shawn Horcoff, F Ales Hemsky, D Sheldon Souray, D Lubomir Visnovsky.
THE BUZZ With only some minor off-season tinkering, the Oilers will look to new head coach Pat Quinn to get more out of the personnel in place. If Khabibulin is on his game and Hemsky emerges, the playoffs are possible.

Vancouver Canucks

LAST SEASON 45-27-10, 100 points (third in East, lost in second round of playoffs).
KEY ADDITIONS F Mikael Samuelsson, D Mathieu Schneider.
SIGNIFICANT LOSSES F Mats Sundin
STARS G Roberto Luongo, F Daniel Sedin, F Henrik Sedin, F Ryan Kesler, D Kevin Bieksa.
THE BUZZ The Canucks made their biggest off-season moves by re-signing the Sedins and Luongo, retaining the core of a 100-point team. Additions of Samuelsson and Schneider could help the Canucks take another step forward.

MATTHEW WUEST/METRO CANADA

Alfie's new roomie

Coach says Karlsson will help on offence and power play

Daniel Alfredsson will have a house guest for at least a little while longer after the Senators confirmed yesterday that Swedish rookie Erik Karlsson will start the new NHL season with Ottawa.

"It's a dream come true. I've been working for this since the day I got drafted," said the 19-year-old Karlsson, who was taken under the wing of fellow Swede Alfredsson during his first NHL training camp.

The Senators captain has even opened his home to the young defenceman.

"I've been working hard to be here this year and I just hope I can continue to develop and play good the first few games and hopefully I get the chance to stay here the whole season," Karlsson said following the team's workout yesterday in preparation for its season-opener in New York against the Rangers on Saturday.

On Tuesday, the Senators demoted Brian Lee, who played 53 NHL games last season, and veteran Christoph Schubert to Binghamton of the AHL, clearing the way for Karlsson and longtime AHLer Matt Carkner to join the team's defence corps.

Ottawa had already lost blue-liner Jason Smith to retirement and Brendan Bell, who signed with the St. Louis Blues, during the off-season.

"I think we have a better mix and I think that's an important thing to have," Senators coach Cory Clouston said of the new-look blue-line in Ottawa. "When you look at guy like Erik Karlsson, he's a completely different player than Matt Carkner.

PHILLIP MACCALLUM/GETTY IMAGES

Offensive defenceman Erik Karlsson, 19, will start the season playing with the Ottawa Senators and living with fellow Swede, and team captain, Daniel Alfredsson.

"Erik's going to definitely help us out on the offence, on the power play. But Matt's basically the exact opposite. He's going to help on the penalty kill, in physical presence, in the toughness department."

The swift-skating Karlsson has been billed as an offensive defenceman in the making after being selected with Ottawa's first-round pick (15th overall) in 2008.

He was under contract to Frolunda of the Swedish Elite League for last season, but the Senators and fans in Canada's capital got a chance to see what he could do when he was named top defenceman for Sweden at the world junior championship in Ottawa. THE CANADIAN PRESS

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Experts call for Blackhawks-Bruins Cup battle

PREDICTIONS How about a Stanley Cup parade down Robson Street? Or maybe a championship celebration on the Red Mile?

The Canadian Press' hockey writers have pulled out a crystal ball to make some predictions about the upcoming NHL season and see Vancouver and Calgary as the teams most likely to end the country's 16-year Stanley Cup drought.

Roberto Luongo continues to be the cornerstone of the Canucks and has a revamped blue-line working in front of him. In Calgary, the arrival of defenceman Jay Bouwmeester should provide a major boost to a 98-point team from a year ago.

Ultimately, though, we think the champion will again come from an American city and it should be one heck of a final between two resurgent hockey markets in Boston and Chicago.

Can you imagine the excitement surrounding an Original Six matchup?

We see a Bruins team that has skill and depth at every position coming out on top of that one. That means hulking Bruins captain Zdeno Chara will lift the Stanley Cup after first helping his team win the Presidents' Trophy with the best record in the regular season.

THE CANADIAN PRESS

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EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

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The kitchen **tool-kit**

EMMA YARDLEY
for Metro Canada

Just like a builder needs a hammer, measuring tape and marking pencil, a cook needs a knife, grater and mixing spoon.

"The right tool makes the job easier," explains Adell Shneer, test kitchen food specialist at Canadian Living magazine. "I don't think people need every tool and gadget available … a good tool is one that simplifies your task."

Shneer is a graduate of the baking program at George Brown College and spends about 20 hours every week cooking. She knows what she needs to transform raw ingredients into a prepared meal.

"The three tools I can't live without are a 8-inch Mac Chef's knife, Kuhn Rikon or Swissmar peeler and a small offset spatula."

To build your own kitchen toolbox, think about which meals you make most often and see if there's a gadget out there to help cut preparation time.

1. Chop, mince, blend, and puree — this little beauty is the ultimate portable power tool. Cuisinart SmartStick Hand Blender, $59.99, Sears, sears.ca.
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3. To prepare a Friday night feast of pizza, French fries and ice cream, hook this Kitchenaid set firmly into your kitchen tool belt. Canadian Tire, $9.99, canadiantire.ca.
4. This undeniably beautiful handmade olivewood mortar and pestle is one place in the kitchen where smashing and crushing is encouraged. Anthropologie, $53.56, anthropologie.com.
5. Pump the handle on the Chef'n Salad Spinner and whisk away water from any freshly washed salad greens or garden herbs. Teatro Verde, $39.95, teatroverde.com.
6. The professional wedged-shaped Twin Profection knives are balanced, easy to control and have a one-piece, ice-hardened blade. Zwilling J.A. Henckels Germany, $125-$200, zwilling.com.

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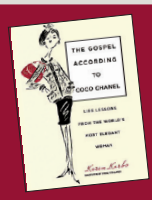
Designing is child's play

Versace's latest handbag collection has been designed by children. Donatella Versace, has teamed up with a group of youngsters in New York to create a charitable new accessories range that will help those less privileged. TORSTAR NEWS SERVICES

Style



What would Coco do?

Get a modern look at the life of one fashion's most influential icons in The Gospel According to Coco Chanel: Life Lessons from the World's Most Elegant Woman by Karen Karbo ($24.95). The book delves into Chanel's fascinating life story while exploring the French designer's philosophy on a range of themes — from style and passion to money and success. Available at Indigo and Chapters stores across Canada. METRO NEWS SERVICE

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

A fashion innovator

Coco Chanel popularized much of what we still celebrate

SOFI PAPAMARKO
For Metro Canada

Coco Chanel is back in fashion... although she never really fell out of it.

With the release of Audrey Tautou's Chanel biopic Coco Avant Chanel, the creations of the fascinating and highly controversial 20th century fashion designer are being celebrated anew.

Here are just a few Coco Chanel innovations that have withstood the test of time:

Designer Perfume

Coco Chanel believed that a woman should smell like a woman, not like a flower: "I want to give the world something artificial … like a dress. Something that has been made … I want a perfume that is a composition." Chanel's iconic fragrance debuted in 1921, making it the first-ever designer perfume. Scent-pushers Calvin Klein, Tommy Hilfiger, Jean-Paul Gaultier and Marc Jacobs all have Mademoiselle Chanel to thank.

Coco Avant Chanel opens in theatres this month

The Little Black Dress

Chanel popularized this wardrobe staple during the 1920s. No matter what the occasion, if you throw on a little black dress and a string of pearls, you'll look chic and sophisticated. This was true 50 years ago and it is likely that it will still be true 50 years from now. The LBD is flattering, elegant and timeless.

Comfort and Luxury

"Luxury must be comfortable, otherwise it is not luxury." Before Chanel arrived on the scene, women suffered terribly in the name of fashion. Corsets, padding and hobble skirts were de rigeur. "Other designers would make outfits or costumes. Things that didn't necessarily relate to every day," says Toronto, Ont., designer Trish Ewanika (ewanika.ca), whose designs have a similar understated elegance to Chanel's. "(She) would design clothing that a woman could wear day or night. Not a riding outfit or a dress to wear to the opera."

Chanel also utilized fabrics previously scoffed at by designers, such as soft and comfortable jersey. "The House of Chanel has remained very true to Coco Chanel's original feel," says Comrags co-founder Joyce Gunhouse.

Legendary 20th-century French designer Coco Chanel is responsible for many of the designs we still consider "classics" today. (Audrey Tautou portrays Chanel in this photo from the film Coco Avant Chanel).

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PURPLE REIGNS

ADVICE Royal shades of purple, aubergine, prune,iris and plum lend opulence to winter's austere palette. Mix in shots of cool grey for a fashion statement straight off the catwalk.

Suede T-staps sandals, Nine West ($135, ninewest.ca)

Acrylic knit scarf, Aldo Accessories ($28, aldoaccessories.com)

PVC frame bag, Reitmans ($24, reitmans.ca)

STUDIO ANDRE DOYON

Wool coat, Winners ($100, winners.ca)

Stretch-cotton turtleneck, Dynamite ($35, dynamite.ca)

TIGHT END

Hair Bungees ($9 for two packs of four); Goody Colour Collection Petite Bobby Pins in Black ($3.49 for a pack)

The key to a bump-free ponytail that won't loosen lies in this unsuspecting elastic with hooks. "It's really the number one tool for creating a tight ponytail," says Hallie Bowman, a celebrity stylist for Pantene. "I always use it when I'm doing someone's hair up and I want it to be super-slick."

RunwayBeauty

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Armani's upbeat collection
Giorgio Armani presented a bright and upbeat spring/summer 2010 collection at Milan Fashion Week. The collection featured lots of loose-fitting and comfortable pieces paired with more structured looks. THE ASSOCIATED PRESS

PHOTOS BY LUCA BRUNO/THE ASSOCIATED PRESS
DOLCE& GABBANA

Designers like it hot in Milan

Boudoir styles, once a trademark of Italian fashion, are back for spring/summer 2010.

But rather than the sex pot numbers, which brought out the best in designers such as Dolce&Gabbana and Gianni Versace, this round the look is demure and yesteryear.

Corset tops worn over a jeans bubble skirt, panties peeping out of a pair of short shorts and bra tops veiled in silk chiffon all combine to create a romantic rather than raunchy mood.

There is also an enticing lightness and unfinished touch to these collections, with profuse use of chiffon and gauze and shredded fabric.

Fendi

There is a feel of yesteryear at Fendi, as if someone had opened Grandma's trousseau trunk and wrapped each item in light gauze for protection.

Everything from the old-fashioned bras and panties to bubble skirts, shorts and even the high-heeled shoes is covered in a thin veil, lending an ethereal effect to the new spring/summer collection designed by Karl Lagerfeld.

Dolce & Gabbana

In this season of lingerie looks, no one could feel more at home than Dolce&Gabbana, who first turned inner wear into outerwear on the Milan runway some 30 years ago.

For spring/summer 2010, the designing duo run the gamut from corsets to culottes in fetching lace, crochet and floral printed silk.

The transparent effect of lace is used on jackets, dresses, skirts and even shoes and bags.

Marni

Marni makes dressing up look easy.

From the layered styles held together by a striped knitted belt with matching striped leggings to the upbeat flowers, checks and polka dots of the prints, Marni's latest collection is all about a laid-back summer 2010.

THE ASSOCIATED PRESS

MARNI

Many collections had a feeling of yesteryear at Milan Fashion Week

H&M to partner with Rykiel

COLLECTION H&M has its sights set on both barely-there fashions and more cosy creations with its upcoming guest collections from Sonia Rykiel.

The fashion company founded in Sweden is teaming up with the French fashion house for its winter and spring collections. The partnership marks the first time H&M has extended its designer collaboration to the world of lingerie and related accessories for women.

The collection will be launched in 1,500 stores on Dec. 5 at the same time the Sonia Rykiel lingerie collection is made available at its own boutiques.

The two fashion companies will again collaborate on the spring 2010 collection, this time featuring knitwear for women and girls and accessories. The second collection is scheduled for launch in about 250 H&M stores on February 20, 2010.

A look from Sonia Rykiel's autumn/winter 2009 collection.

THE CANADIAN PRESS

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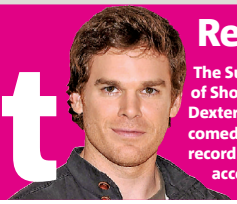
Kardashian-Odom wedding hitting TV
Khloe Kardashian and Lamar Odom's recent nuptials will air in November as a special hour of the reality family's show. It will be called Keeping Up with the Kardashians: The Wedding. **METRO NEWS SERVICES**

Entertainment



Record numbers
The Sunday-night season premieres of Showtime's serial-killer thriller Dexter (actor Michael C. Hall) and comedy Californication achieved record highs for both series, according to a Showtime. EW.COM

EDITOR: DEAN.LISK@METRONEWS.CA

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

Memoirs of a pop superstar

Mariah Carey

Album: Memoirs of an Imperfect Angel
Label: Island/Universal
Rating: ●●●

MARIAH CAREY'S LATEST is so predictable that if you've heard her last two albums, you can imagine how it sounds. Produced almost entirely by Tricky Stewart and The-Dream, Memoirs is a glossy composition rife with Mariah's standard thematic touchstones and lyrical reference points. The singer overcomes relationship drama on It's A Wrap, makes some romantic reflections on I Want To Know What Love Is, and indulges in her usual saccharine R&B fluff on Candy Bling. The album is too heavy on the slow jams, and nothing matches the catty charm of her Eminem-baiting lead single, Obsessed.

Jason Richards/for Metro Canada

Alice In Chains

Album: Black Gives Way to Blue
Label: Virgin/EMI
Rating: ●●●

IT'S HARD TO believe that Alice in Chains could exist without Layne Staley, who died in 2002, but here they are. Somehow, the seminal Seattle grunge band sounds almost exactly like they did 14 years ago, the last time they released a record. Longtime Jerry Cantrell collaborator William DuVall has replaced Staley, but he's able to approximate the former lead singer's voice so well, it's hard to tell anything has changed. Sludgy guitars, thick harmonies and the same infectious sounds permeate the disc. It won't get you jonesing for flannel, but it's still a good trip back in time.

Bryan Borzykowski/for Metro Canada

Lights

Album: The Listening
Label: Universal
Rating: ●●●

WHEN THEY ANNOUNCED the winner of the new artist of the year award at the Junos in Calgary, the response was a collective "Who?" Which is as it should be in that category, but even insiders had trouble trying to place the 22-year-old Timmins' native known as Lights (real name Valerie Poxleitner). And they can be forgiven. Lights, after all, hadn't even released a full album (it does help to have Q's Jian Ghomeshi as your manager). Now that it's here, The Listening offers few surprises. At least four of the 13 tracks, including singles Saviour and Drive My Soul are already familiar to avid listeners of pop waifery. Lights has the benefit of a great production team led by Tawgs Salter. There's also an undeniable song-writing talent here that Lights' backers are hoping will appeal to electro-pop teens in the same way that Taylor Swift's music has captured the 4-H set.

Graham Rockingham/for Metro Canada

UNIVERSAL MUSIC PHOTO

Memoirs of an Imperfect Angel is the twelfth studio album from pop superstar Mariah Carey.

Barbra Streisand

Album: Love is the Answer
Label: Columbia/Sony
Rating: ●●●

STREISAND POSSESSES ONE of the most iconic voices in pop music history. She's also one of the few artists who could get away with putting a picture of her dog on the back cover of an album called Love is the Answer. There's a huge comfort quality in hearing Streisand's voice on her first studio effort in four years. The fact that she's still singing with grace and style offers some stability in an otherwise truly nutty world. Here, Streisand teams up with Diana Krall as producer. Krall's gift for candlelight-and-wine softness is a smart match for Streisand's aging voice. Let's face it, she doesn't have the same power she did 40 years ago. Who ever did? Streisand's voice is a theatrical one, however, that doesn't always fit with the 11 p.m.-on-the-couch pace Krall sets. She sings the Jacque Briel classic almost like a kid in elocution class. Still it's good to have Barbra's voice again.

Graham Rockingham/for Metro Canada

Jann Arden

Album: Free
Label: Universal
Rating: ●●●½

NOBODY CAN DELIVER a punch line quite like Jann Arden. You don't have to go looking for it in her songs. They just creep up and bite you on the butt. Just like in the title track of the Alberta songwriter's new CD, Free. Just as you're about to get all mopey for some woman who's getting screwed around big time, the kicker comes — "I'm feeling better now that your stuff's out in the yard." That's what you call 'craft.' Arden's music always tugs at our emotions, but rarely allows us to get overly mired in misery. These are songs for a bi-polar world, for people willing to drive helter skelter into life, but, hopefully, still able to hit the brakes before the bumper hits the brick wall. Not everyone's going to like them. Arden fans will, though.

Graham Rockingham/for Metro Canada

Music**Reviews**

music@metronews.ca

You Say Party! We Say Die!

Album: XXXX
Label: Paper Bag/Universal
Rating: ●●●

IT'S NOT EASY being an underpaid, overworked indie band — just ask You Say Party! We Say Die! who nearly broke up after its last tour. The group managed to pull it together, releasing the most coherent album of its career. It's not as frenetic as past work; the dance-punk sounds are still there, but they're toned down to make room for Becky Ninkovic's emotional lyrics. While the first three discs focused on hyperactive sounds, this one is rooted in the lyrics, which are mainly about love. It's actually a nice change of pace for these Abbotsford rockers.

Bryan Borzykowski/for Metro Canada

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A pain in the gut

Tori & Dean star Tori Spelling was taken to the hospital twice in two days this week with severe abdominal pain, according to a People report and various Tweets from both Spelling and her husband Dean McDermott. EW.COM

Entertainment in brief

CELEB JUSTICE Debra Tate, the sister of Roman Polanski's murdered second wife, actress Sharon Tate, says Polanski is brilliant and a "good guy" and she doesn't think he can get a fair trial in the U.S. THE ASSOCIATED PRESS

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"Went there since I was a kid."

Nathalie Jones
"Great place for a traditional shave and a cut."

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'Paris was magnificent'

Joel Charlebois, the winner of Metro's Global Photo Challenge 2008, talks about his prize — a trip to Paris

ROMINA McGUINNESS
Metro World News

How was the trip to Paris, was it fruitful in terms of your photography?

Paris was magnificent, through and through. The winding streets, the little shops, café culture and fashionable people galore; it was a marvellous experience. And the Eiffel Tower, I never expected to be so moved by the sight of it. One week in Paris allowed me to see Paris, the celebrity.

How has the competition changed your life?

While I hope to never be in the same place as I was the day before, this competition brought me many great places: Paris, of course, but also Barcelona and Valencia on the same trip; a gala event at the CN Tower in Toronto; midnight guerrilla poster campaigns. I'm so grateful for the opportunities the Metro Photo Challenge has offered me, challenging me to believe in myself and to reach just a little bit higher. It has been a very fulfilling experience. The question now is, what next?

Do you think you will actively pursue your photography or keep it as a passion?

Actually, I have been making a greater effort to moonlight in photography, and work has also found its way to me. One of my photos is now illustrating the cover of a hardcover novel — The Way Home by George Pelecanos.

Incredibly, that photo was taken on the same foggy night as Midnight Tram to Humber, no more than 30 minutes later. That said, I am not at a point where I want my photography to be responsible for putting food on my plate. I realize I have much to learn, and I'm willing to take the time it requires to prepare for a shift in my career focus. If the opportunity came my way, the plunge is not something that I would ever rule out absolutely. But for the moment, my passion for photography keeps me very satisfied.

Of the shots you took on the trip, which one is your favourite?

Unfortunately, my favourite shot is the shot that I didn't take. It was after a very long day of walking.

We had settled on a terrace in Le Marais for a drink and just as I set my camera down, the most magnificent sight passed me by... a young woman with long brown hair, sporting the obligatory beret, came cycling past with an antique gold picture frame hung across her torso. Had I captured it, it would have been my favourite photo.

Photo challenge

Joel Charlebois was the second winner of Metro Photo Challenge, with this photo, Midnight Tram to Humber. Now the competition starts again.

The competition
Enter your photos on the themes People, Places and Climate Change.

The prizes
Win one of three trips for two to any city where Metro is published. Global winners' photos will be published in Metros in 100 cities.

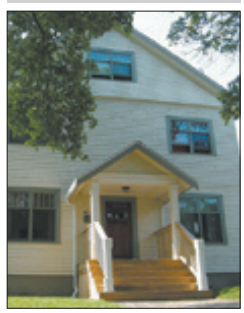
The dates
Metro Global Photo Challenge 2009 starts Sept. 28 and is open until Oct. 20.

The website
metrophotochallenge.com

OT	Vu	SC	C		7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
10/1/09 primetime	265	353	2	TVO	Super Structures (N)		The Agenda With Steve Paikin		The Jury (N)		Mona Lisa Curse		Agenda-Paikin
	211	331	3	GTV	ET Canada	Entertainment	Survivor: Samoa (N)		The Office (N)	SNL Update	90210 "The Porn King"		News Final
	-	-	5	SRC	Virginie (SC)	Infoman (SC)	Enquête (HDTV) (N) (SC)		3600 secondes d'extase (SC)		Le Téléjournal Nouvelles. (SC)		TJ Ontario
	209	342	6	CHRO	TMZ (N)	Hollywood	FlashForward (HDTV) (N)		Fringe "Fracture" (N)		(10:01) Private Practice (N)		Comedy Now
	196	311	7	CTV	The Vampire Diaries (N)		CSI: Crime Scene Invstgtn.		Grey's Anatomy (N)		(10:01) The Mentalist		CTV News
	208	303	8	CBC	(7:15) NHL Hockey Montreal Canadiens at Toronto Maple Leafs.					National	NHL Hockey: Canucks at Flames		
	-	360	9	NBC	Wheel-Fortune	Jeopardy! (N)	SNL Update	Parks-Recreat	The Office (N)	Community (N)	The Jay Leno Show (N)		News
	117	713	10	TVA	La Fièvre de la danse (SC)		Dieu Merci (N) (SC)		Juste pour rire hors série		TVA nouvelles	(10:45) Denis Lévesque	
	-	-	11	QS	Taxi payant	Rire et délire	Fringe "L'Observateur" (SC)		Bob Gratton	South Park	Le Mur (SC)	L'Attaque à 5 (SC)	
	137	763	12	TFO	Panorama		Grande bataille	Volt "Bière"	*Le Corbeau* ★★★ (1943, Suspense)			Villages	Clipperton
	-	362	13	CBS	The Insider (N)	Judge-Brown	Survivor: Samoa (N)		CSI: Crime Scene Invstgtn.		The Mentalist (HDTV) (N)		Two/Half Men
	216	395	14	OMN2	Family Guy	The Office	Omni News: S. Asian Edition		Omni News: Cantonese Edition		Two/Half Men	King	TBA
	214	344	15	CITY	Law & Order: SVU		30 Rock	Parks-Recreat	30 Rock	Community (N)	The Jay Leno Show (N)		News
	115	343	16	CFMT	Two/Half Men	The Simpsons	Omni News: Italian Edition (N)		Vivere II	Omni News:	The Simpsons	King of the Hill	Metropia
	218	345	18	CHCH	*The Taking of Pelham One, Two, Three* (1974, Suspense)				*King Kong vs. Godzilla* ★ (1963, Science Fiction), James Yagi				News at 11 (N)
	-	361	20	ABC	Art Van 50th	Entertainment	FlashForward (HDTV) (N)		Grey's Anatomy (N)		(10:01) Private Practice (N)		News
	512	396	24	CPAC	La Période de questions		L'Heure politique					Revue	Période-quest.
	651	355	25	CTS	Little House on the Prairie		Dr. Quinn, Medicine Woman		100 Huntley Street		Life Today	This Is Day	John Hagee
	-	365	36	FOX	TMZ (N)	Seinfeld	Bones (HDTV PA) (N)		Fringe "Fracture" (N)		FOX 2 News (N)		News
	-	-	64	PBS	Business Rpt.	Adirondack	The National Parks: America's Best Idea (N) (DVS)				Great Lodges-Parks		Charlie Rose
	205	312	104	CTV	The Vampire Diaries (N)		CSI: Crime Scene Invstgtn.		Grey's Anatomy (N)		(10:01) The Mentalist		CTV News
news	502	390	26	NW	CBC News	Marketplace	CBC News: Tonight (N)		CBC News: The National		CBC News: The National		National
	500	500	33	CNN	Lou Dobbs Tonight		Campbell Brown (N)		Larry King Live		Anderson Cooper 360 (HDTV)		
sports	406	417	27	net	MLB Baseball Cleveland Indians at Boston Red Sox. From Fenway Park in Boston.						Sportsnet Connected		Hockey Central
	126	730	28	RDI	24 Heures en 60 minutes		Grands reportages (SC)		Le Téléjournal (SC)		RDI économie	Le National	Le Téléjournal
	400	280	30	TSN	That's Hockey!	Interruption	2009 World Series of Poker		2009 World Series of Poker		SportsCentre (HDTV) (Live)		
	410	403	52	SCR	Score on NFL	College Football Colorado at West Virginia. (Live)							Score Now
	411	457	56	OLN	Ghost Hunters		Bounty Hunter	Bounty Hunter	Survivorman		Ghost Hunters		Bounty Hunter
	417	406	59	SC	Pimp My Ride	Pass Time	Pinks – All Out (HDTV) (N)		Jacked!	Jacked!	Wrecked	Wrecked	Pimp My Ride
family	554	544	48	TEL	Stoked (N)	Total Drama	Majority Rules	6TEEN (N)	Futurama	King of the Hill	*Blade* ★★ (1998, Horror) Wesley Snipes.		
	557	540	51	FAM	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School	Cory in House	Zack & Cody
	551	542	65	YTV	Drake & Josh	Family Biz (N)	Malcolm-Mid.	Hates Chris	8 Simple Rules	What I Like	Family Biz	Prank Patrol	Adrenaline
	570	580	29	MM	The Daily Fix		Ranked!		Wild 'n Out	Wild 'n Out	Pink Floyd: Dark Side		The Daily Fix
cable variety	615	520	31	A&E	Criminal Minds "Doubt"		The First 48 (HDTV)		The First 48 (HDTV)		The First 48 (HDTV)		Crime 360
	628	584	32	SPKE	Disorderly	Wild World	UFC Unleashed		TNA Wrestling (HDTV) (N)				Ultimate Spike
	521	560	34	TLC	LA Ink (HDTV)		LA Ink "LA Pink" (HDTV)		Police Women of Broward		LA Ink (HDTV) (N)		Police Women
	145	761	35	TV5	Les Peuples du soleil		Club social		Envoyé spécial			Cité guide	TV5 Le Journal
	616	521	39	SHO	The Outer Limits		Da Vinci's City Hall		The Best Years (DVS)		Saving Grace (N)		NCIS
	620	523	40	BVO	Storytellers	Camera	Bathroom Divas-Opera Star		*Whale Music* ★★ (1994, Romance) Maury Chaykin.				Law & Order
	520	505	42	DIS	Daily Planet (N)		Dinosaurs Return to Life		Dino Lab II		MythBusters		Daily Planet
	575	583	43	CMT	Karaoke Star "Halifax" (N)		Reba	Reba	According-Jim	According-Jim	Home Improve.	Home Improve.	Karaoke Star
	601	562	45	SLC	Rich Bride, Poor Bride		X-Weighted "Chris"		X-Weighted		X-Weighted "Jocelyn"		ET Canada
	625	548	46	COM	Air Farce	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	Hot Box	Jon Dore Show	Daily Show
	294	529	47	TBS	Family Guy	Family Guy	House-Payne	House-Payne	Law & Order: SVU		*Shattered* (2007, Suspense), Gerard Butler		
	600	564	49	H&G	House Hunters	Property Virgin	Holmes Inspection		Family Reno	Disaster DIY	House Hunters	House Hunters	Holmes Ins.
	627	528	50	SPC	Stargate Atlantis (DVS)		Star Trek: Voyager		Primeval		Eureka (N)		InnerSpace (N)
	581	566	53	MTV	Over the Bolts	After	Parent Control	Cribs	Fantasy Fact.	Beatdown	Nitro Circus (N)	Pranked	MTV Live
	618	524	54	TROP	Seinfeld	Seinfeld	The Outer Limits		ET Canada	TV Made, Do It	Family Guy	Seinfeld	Seinfeld
	522	506	55	HIS	Ice Road Truckers		Ancient Discoveries		Underworld Histories		Life After People		Blow Down
	129	773	60	CD	Biographies (HDTV)		Dossiers justice (HDTV)		Réscapes de la justice (HDTV)		Un tueur si proche		Vidéo
	261	394	61	V	Murder, She Wrote		On the Buses	'Allo, 'Allo!	*The King and I* ★★★ (1956, Musical) Deborah Kerr, Yul Brynner. Premiere.				
	602	567	62	W	Old Christine	Friends	Friends	Grocery Bag	Confidential	Confidential	Divine Design	Divine Design	Love It-List It
	269	350	70	APTN	Wapos Bay	By the Rapids	Rez Rides	Moose TV	*The World's Fastest Indian* ★★ (2005, Biography) Anthony Hopkins.				
	621	527	71	TLK	Look-A-Like	TMZ	The Ellen DeGeneres Show (N)		The View (HDTV) (N)		The Dr. Oz Show (N)		TMZ
	603	561	95	FN	Ricardo	Road Grill	Restaurant Makeover		Perfection	Perfection	Ace of Cakes	Ace of Cakes	Family

critics'corner

Family Renovation
Some of us don't even like having kids underfoot when we're making sumptuous. Imagine trying to do a huge home renovation project — we're talking building three new floors — with five children around. This new series follows Marie-France LeBlanc, her husband and five kids — all under 10 years old — through their home's massive makeover, during which, at her insistence, they all continue to live in the house. 9 PM on 49 H&G



Private Practice
The sudsy Southern California saga of Dr. Addison Montgomery (Kate Walsh) continues in a second season that opens with Naomi (Audra McDonald) apparently poised to leave the practice and Sam (Taye Diggs) determined to win her back. Cooper (Paul Adelstein), meanwhile, may finally be free to take things to a new level with Violet (Amy Brenneman), as long as Pete (Tim Daly) doesn't strong-arm him out of the way. Chris Lowell also stars in "A Death in the Family." 10:01 PM on 20 ABC 6 SHRO

Lucci to stay with All My Children

TELEVISION When ABC's All My Children moves from Manhattan to a new home in Los Angeles, Susan Lucci won't stay behind. The leading lady of this durable daytime drama says she's decided to keep playing oft-wed diva Erica Kane, just as she has since All My Children premiered in 1970."I made my final decision just a couple of days ago," Lucci said. But as an inveterate New Yorker, she added that she would not be uprooting herself and her family for a permanent move.

"My life is here," she said during a chat between rehearsals yesterday.Meanwhile, most of the New York-based cast will be joining her at the new L.A. shooting site, where production begins in early January, ABC has announced.

The main exception is Ray MacDonnell, who, like Lucci, is an original cast member. He is retiring from his role as Dr. Joe Martin. THE ASSOCIATED PRESS

Kenya's Style

Kenya Hunt

Read the blog at metronews.ca/kenyasstyle

Chinese festival this weekend
The Chinese Mid-Autumn Festival is this Saturday. Get your moon cakes at Kowloon Market (712 Somerset Str. W.) METRO NEWS SERVICES

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Dinner & drinks for 2: $90

Cornish game hen ($25)

SHARI GOODMAN/FOR METRO OTTAWA

Fish 'n' Chip ($28)

After taking an initial glance at the Murray Street restaurant menu, you'll see that you're in for a culinary adventure featuring local and seasonal cuisine. Trust the chef and be prepared for amazing and bold flavours to please your palate.

To start, I ordered Poutine ($10). This is not traditional heavy fries-and-gravy fare, but lightened with herb spaetzle instead of potatoes and then enhanced with shredded duck confit along with goat cheese curds making them uniquely mouth-watering. My dinner companion ordered duck wings ($12) propped up stylishly like a teepee and drenched in local birch syrup and chili, surprisingly finger-licking good with a sharp blue cheese sour cream sauce.

For the main course, I ordered Cornish game hen ($25) served with chard and spaetzle that made a good first impression but by the end was too rich and buttery. After hearing oohs and ahhs across the table, I dug my fork into the Fish 'n' Chip ($28) plate and immediately felt dish envy. The Walleye fish was pan-fried and baked, perfectly seasoned and served with a single, baked French fry made with riced Yukon gold potatoes.

Not to be missed was the honey and lavender ice-cream sandwiched between two ginger cookies ($8).

Murray Street restaurant treats its customers to food that is adventurous, but best of all delicious.

On the web

- Get recipes and more great food content at metronews.ca/food

In brief

BEER Beau's Oktoberfest in Vankleek Hill this Saturday from 11 a.m. to 9 p.m. in Vankleek Hill at the fairgrounds. $12 per person. (beaus.ca)
WINE Clarence-Rockland Wine & Food Show this Saturday from 4 p.m. to 9 p.m. at the city's Recreational and Cultural Complex. $40 in advance or $50 at the door. Three tutored tastings will be offered for an extra $25. (sommelier.ca/latest-news/1-wine-news/96-clarence-rockland-wine-and-food-show)
SALT Salt of the Earth cooking demonstration class with Chef Rene Rodriguez of Navarra Restaurant Monday from 6 p.m. to 9 p.m. at the Urban Element. $115 per person (theurbanelement.ca)

Dining out

FARBS KITCHEN & WINE BAR
18 Beechwood Ave.
(613) 744-6509
farbskitchen.com
An upscale bistro with a casual, friendly atmosphere that uses local and seasonal ingredients. Sunday brunch from 10:30 a.m. to 2 p.m. includes options like truffled poached eggs or traditional steak and eggs among other things.

LES GRILLADES
85 Holland Ave.
(613) 792-3224
A small, family-run Lebanese restaurant in West Wellington on the second floor above Allium. Favourites include tabbouleh, moussaka, fresh pita, soujouk, kebab, grilled chicken and freshly-made Turkish delight. Eat in or take out.

Global Peasant blog online

- Travel along with Diane Thompson's culinary adventures in her Global Peasant blog.
- Yes, we can! Diane Thompson recently spent a day canning and crafting these two recipes: Mustard Pickles and Vanilla Pears. Visit metronews.ca/globalpeasant for her blog.

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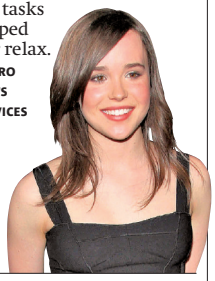
Steady Rain's steady numbers

Hugh Jackman and Daniel Craig are setting box office records with their Broadway play, A Steady Rain. Last week, the show scored the highest weekly ticket sales of a non-musical play, earning just under $1.17 million US. METRO NEWS SERVICES

Celebrity Buzz

Well, if the acting doesn't work out...

SHOVEL IT Ellen Page loves shovelling goat manure, femalefirst.co.uk reports. The 22-year-old actress took time away from the spotlight after appearing in 2007 movie Juno to deal with her newfound fame, and found completing manual tasks helped her relax. METRO NEWS SERVICES



Celebrity tweets

Neil Gaiman deals with the harvest, Ashton Kutcher has a simple philosophy on life and Sarah Silverman has a troubled relationship with her Twitter followers

- @neilhimself First frost outside. All the mad bringing-in-tomatoes efforts from yesterday were actually sensible. How odd.
- @aplusk everyone loves puppies
- @SarahKSilverman Goodnight strangers. I am trying to still believe in love, but you make it hard.

Still together ... for now?

TROUBLE IN PARADISE? Despite reports that Justin Timberlake and Jessica Biel's two-year relationship is over, sources tell People the couple has not broken up.

In fact, on Monday night they were photographed together while on a getaway in Northern California.

"They're together," says an insider. "They're not breaking up. Any time they spend time apart it's because they're working."

Over the summer, Timberlake, 28, was in Europe promoting his Givenchy fragrance and William Rast clothing line, while Biel, 27, remained in Los Angeles where she starred in Guys and Dolls.

But in January, the actress plans to climb Mt. Kilimanjaro (as part of the star-studded Summit on the Summit expedition to raise awareness for clean water), and Timberlake, says sources, is in talks to join her.

Whether the couple will still be together in three months is another story. According to a second source, they are going through a rough-patch.

"Things have been a bit up in the air recently," says the source.

"They've been spending more time apart — more time with each of their friends, and they've been reevaluating (their relationship)."

As for rumours that Timberlake has been getting close to Rihanna, a source close to her insists that the relationship is purely professional: "They're working together. They were in the studio for her album and they'll be going back in again." METRO NEWS SERVICES

Pop star, boy toy in on NYC scene

LIVIN IT UP Madonna has been hitting the town in New York with boyfriend Jesus Luz, popping up at an East Village cocktail bar with Jessica Seinfeld and a Meatpacking District restaurant with the director of her Truth or Dare documentary, according to Page Six. Madonna was then seen escorting Luz into a downtown gay club, where sources say she was "hoping to get him some DJ experience in her old 'hood." METRO NEWS SERVICES

Cruz mum on lady lip-locks

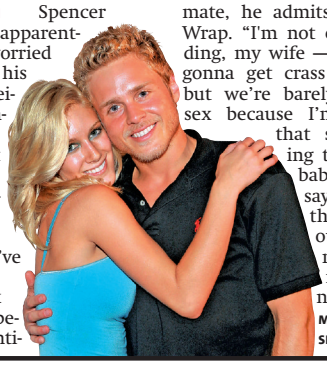
SHE DOESN'T KISS AND TELL Penelope Cruz refuses to rank her onscreen female kissers.

The star has previously locked lips with Charlize Theron in 2004's Head in the Clouds and Scarlett Johansson in last year's Vicky Cristina Barcelona.

When asked by Vanity Fair which was better, the actress demurs: "No matter how I answer that I will be in trouble," she says. "Both were pretty beautiful partners." METRO NEWS SERVICES

No sex equals no babies for Pratt

FATHERHOOD NOT ON THE HORIZON Spencer Pratt is apparently so worried that his wife, Heidi Montag, might get pregnant that they've cut back on being intimate, he admits to PopWrap. "I'm not even kidding, my wife — OK, I'm gonna get crass here — but we're barely having sex because I'm scared that she's going to have a baby," he says. "That's the level our marriage is at right now." METRO NEWS SERVICES



Conrad's book coming to a screen near you

IT'S A REALITY LIFE Call it a case of art imitating life imitating art imitating life, ad infinitum, people.com suggests. That's right: Lauren Conrad's novel about a regular gal whose life changes when she stars on a reality show is going to be made into a movie.

The producers of the movie series Twilight, Temple Hill Entertainment, have acquired the rights to turn L.A. Candy into a motion picture, Variety reports.

The novel, which came out in June, is about a 19-year-old girl who moves to Hollywood and ends up the lead in a reality series. In other words, it's basically inspired by the real-life adventures of Conrad, who began starring in Laguna Beach around the age of 19, then got her own show. The Hills is a reality show about a group of attractive Los Angeles young adults who go about their lives as if they're on a soap opera.

In July, a source close to Conrad, now 23, told People she was fielding offers to produce a film from her book, but that she didn't want to act in it.

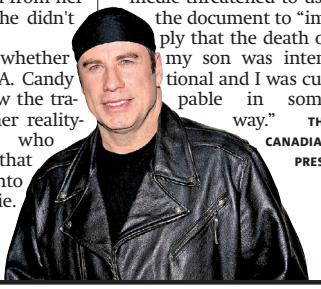
No word yet whether the presumed L.A. Candy sequel will follow the travails of a former reality-show starlet who writes a novel that gets turned into a movie. METRO NEWS SERVICES

Travolta testifies he was threatened

COURT CONTINUES John Travolta has told a Bahamas court a local paramedic threatened to sell stories to the media suggesting the actor was at fault in the death of his 16-year-old son.

Travolta testified the paramedic who is now on trial for extortion demanded $25 million from the actor. He was testifying in the trial of paramedic Tarino Lightbourne and lawyer Pleasant Bridgewater.

Travolta told the court Lightbourne had a consent document the actor signed when medics came to the aid of his son. He says the medic threatened to use the document to "imply that the death of my son was intentional and I was culpable in some way." THE CANADIAN PRESS



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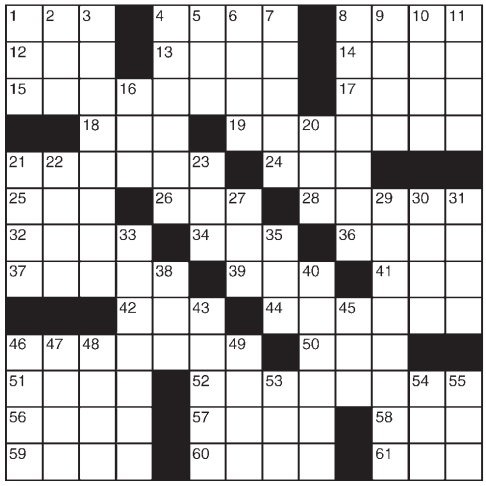
Take Five



ACROSS

1 Lobbyists' grp.
4 Essence
8 Rich soil
12 Under the weather
13 Sunscreen ingredient
14 Between jobs
15 Makeshift stain remover
17 Rind
18 — -relief
19 Not naked
21 No, for one
24 Have a go at
25 Eggs
26 Aye undoer
28 Treetop decoration, often
32 Dweeb
34 Trump casino hotel, for short
36 Geologist's sample
37 Bad lighting
39 Bankroll
41 Whopper
42 Scull need
44 Short jacket
46 A water sign
50 Fraud-monitoring org.
51 Injury
52 Chorus of a sort
56 Vicinity
57 Verve
58 Work with
59 Cow's hurdle?
60 Fat
61 Satchel

DOWN

1 Snapshot
2 Every crumb
3 Where riders lounge
4 Relay
5 U.N. workers' grp.
6 Lincoln in-law
7 Soul mate?
8 Emulate Milli Vanilli
9 Praiseful pieces
10 Sheltered
11 Pinochle ploy
16 Cudgel
20 Detergent brand
21 Lady of Spain
22 Finished
23 Scoundrel
27 Deviate off course
29 Iron, e.g.
30 One of HOMES
31 Lascivious look
33 Entry-level job?
35 Discord
38 Siesta
40 Protect
43 Bright star of Orion
45 List-ending abbr.
46 Counterfeit
47 "— nome" (aria from "Rigoletto")
48 Sandwich treat
49 Stewpot
53 Corn spike
54 NAFTA signatory
55 Plead

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

5				6	8	9		7
2	7						5	
				5	1		3	
	3					2		
			1		7			
		4					7	
	6		3	2				
	4						9	3
3		7	6	1				4

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

D	I	M		S	E	A	R		B	A	D	E		
A	N	A		U	R	G	E		A	L	O	E		
I	C	Y		B	R	E	A	K	N	E	C	K		
S	H	O	A	L			P	E	T					
			R	I	C	A		N	E	W	E	L		
B	O	O	K	M	A	R	K		R	A	C	E		
A	L	P		E	R	I	E	S		C	H	A		
S	L	A	W		B	A	N	K	B	O	O	K		
S	A	L	A	D		S	O	U	R					
			L	I	E			L	A	T	E	X		
B	R	O	K	E	B	A	C	K		O	R	R		
R	E	D	O		B	L	U	E		A	G	A		
O	V	E	N		S	L	E	D		T	O	Y		

8	5	3	4	1	2	6	9	7
2	9	4	8	6	7	1	5	3
7	6	1	3	9	5	8	4	2
9	2	5	7	4	1	3	6	8
4	8	7	5	3	6	9	2	1
1	3	6	2	8	9	4	7	5
3	4	2	9	5	8	7	1	6
6	7	8	1	2	4	5	3	9
5	1	9	6	7	3	2	8	4

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca

Metro Recipe of the Day

Stephanie's Easy Chicken

Submitted by Stephanie Lozon, Annan, Ont.

INGREDIENTS:

6 chicken breasts
6 slices of shaved prosciutto
1-1/2 cups of dry white wine
1 cup of cherry tomatoes or chopped tomatoes
6 fresh basil leaves or 1 tsp dried crushed basil
1 glove of garlic minced
6 slices of Swiss cheese
Salt and pepper to taste

METHOD:

1. Pre-heat oven to 375C.
2. Place chicken in baking dish. Wrap each piece of chicken with prosciutto; add chopped tomatoes or cherry tomatoes sliced in half.
3. Add torn basil, garlic and salt and pepper over dish. Pour wine over dish to make sure chicken remains moist.
4. Put in oven. Sit back and enjoy a glass of wine while it cooks for 30 minutes.
5. Then add the Swiss cheese over chicken and cook for another 10 minutes or until melted.

SERVES 6
PREP TIME: 5 MINUTES
COOK TIME: 40 MINUTES

Weekly winners

• Exclusive contest for Metro readers! Visit 20minutesupperclub.com/metro and be entered to win a $50 President's Choice gift certificate to stock your cupboards with delicious PC products. For product information and store locations, visit PC.ca. A weekly winner will be drawn from now until the end of October.

20 minute SUPPER CLUB

20 Minute Supper Club helps you get dinner ready in a snap. Sign up for quick and delicious recipes, cooking and food tips. It's free at **20minutesupperclub.com**

Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES ♈
MARCH 21-APRIL 20
You're in an argumentative mood and once you start challenging other people's views you will find it hard to stop.

TAURUS ♉
APRIL 21-MAY 21
The problems you face may be tough but you are tougher and before the day is over even your enemies will respect you for your tenacity and self-belief.

GEMINI ♊
MAY 22-JUNE 21
Mercury, your ruler, aspects Mars, planet of ego, which may be good news or bad news depending on how you handle the energies it releases.

CANCER ♋
JUNE 22-JULY 22
It may be the start of a new month but it is an old problem that will cause you most grief. Fortunately, Mars gives you a touch of ruthlessness.

LEO ♌
JULY 23-AUG 23
It's not like you to be so defensive but for some strange reason you seem to think you need to make excuses for your behaviour.

VIRGO ♍
AUG 24-SEPT 22
Not everyone shares your way of looking at the world, and you need to get your head around that fact.

LIBRA ♎
SEPT 23-OCT 23
Someone in a position of authority will put you to the test today and you will come through with flying colors.

SCORPIO ♏
OCT 24-NOV 22
Try to avoid being too aggressive today, especially if you are the kind of Scorpio who knows how to use words as a weapon.

SAGITTARIUS ♐
NOV 23-DEC 21
Certain changes need to be made and you've made it your business to force them through whether or not others agree with you.

CAPRICORN ♑
DEC 22-JAN 20
Someone with a strong personality will give you a hard time today, but you are not the sort to take it without giving as good as you get.

AQUARIUS ♒
JAN 21-FEB 18
Are you doing too much? If you are your body will send you some obvious warning signals today and if you are wise you will act on what they tell you.

PISCES ♓
FEB 19-MARCH 20
You will be incredibly assertive today and anyone who thinks you will accept a lesser role in whatever drama is unfolding is sure to be disappointed.

TAKE A BREAK FROM WORK
Visit metronews.ca to watch metrotube of the day

This day in history

OCT. 1, 1910: Los Angeles Times bombing: A large bomb destroys the Los Angeles Times building in downtown Los Angeles, California, killing 21.
OCT. 1, 1918: World War I: Arab forces under T. E. Lawrence (aka Lawrence of Arabia) capture Damascus.
OCT. 1, 1971: Walt Disney World opens near Orlando, Florida, United States.
OCT. 1, 1975: Thrilla in Manila: Muhammad Ali defeats Joe Frazier in a boxing match in Manila, Philippines.
OCT. 1, 1982: Sony launches the first consumer compact disc player (model CDP-101).

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